

# Sermon Notes

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## SPIRITUAL PRACTICES

Travis Eades | Follow Me | February 1-2, 2020

\_\_\_\_\_ you do will determine \_\_\_\_\_ you become.

Who do you want to become?

1. Become a person who \_\_\_\_\_ in \_\_\_\_\_.

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the LORD, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither— whatever they do prospers. (Psalm 1:1-3 NIV)

2. Become a person who is \_\_\_\_\_ in \_\_\_\_\_.

Be joyful in hope, patient in affliction, faithful in prayer. (Romans 12:12 NIV)

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:16-18 ESV)

## CHALLENGE:

Begin your day by reading the chapter in Matthew that corresponds with the date. Pray daily for the Spirit to transform your mind with the truth of God's Word.

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☎ 210.698.6868 ✉ [information@oakhillschurch.com](mailto:information@oakhillschurch.com)

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